

## ORGANIZING COMMITTEE

1. Prof. Dr. Ghazala Hafeez Rizwani, Advisor to the Vice Chancellor on Research (Convener)
2. Prof. Dr. Hakim Shahabuddin, Dean, Faculty of Eastern Medicine
3. Prof. Dr. Ejaz Mohiuddin, Principal, Hamdard Al-Majeed College of Eastern Medicine
4. Prof. Dr. Ahsana Dar, Professor, Faculty of Eastern Medicine (Secretary)
5. Tabiba Dr. Tasneem Qureshi, Vice Principal (Academics), Hamdard Al-Majeed College of Eastern Medicine
6. Mr. Jawad Sadiq Dawood, Chief Administrator and PRO, Hamdard University
7. Hakim Qalb-e-Saleem, Organizing Secretary



## Hakim Mohammed Said (1920-1998)

Founder Chancellor, Hamdard University  
Founder: Hamdard Laboratories (Waqf) Pakistan  
Hamdard Foundation Pakistan  
Pakistan Association for Eastern Medicine

## MANAGING COMMITTEE

1. Mrs. Sadia Rashid, President, Hamdard Foundation Pakistan and Chancellor, Hamdard University
2. Prof. Dr. Hakim Abdul Hannan, Vice Chancellor, Hamdard University
3. Dr. Navaid-ul-Zafar, Managing Director, Hamdard Laboratories (Waqf) Pakistan
4. Prof. Hakim. Syed Zillur Rahman, President Ibn-Sina Academy of Medieval Medicine and Sciences (Trust), India
5. Senator Abdul Haseeb Khan, President, Brookes Pharmaceutical Laboratories (Pakistan) Ltd.
6. Prof. Dr. Rashid Bhikha, Head Unani Tibb, University of Western Cape, South Africa
7. Dr. Mahum Munir Ahmed, Vice President, Hamdard Foundation Pakistan
8. Ms. Fatema Munir Ahmed, Vice President, Madinat al Hikmah
9. Mr. Farrukh Imdad, Director General, Hamdard Foundation Pakistan and Dean Administration, Hamdard University



Bait-Al-Hikmah

## FOR CORRESPONDENCE

Hakim Qalb-e-Saleem  
Organizing Secretary  
4th Hamdard International Conference on Unani Medicine-2017  
Madinat al-Hikmah, Muhammad Bin Qasim Avenue, Karachi-74600, Pakistan.  
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## 4<sup>th</sup> Hamdard International Conference on Unani Medicine - 2017

“Unani Medicine: Past, Present and Future”

January 9-11, 2017

Bait al-Hikmah Auditorium  
Hamdard University  
Madinat al-Hikmah, Karachi  
PAKISTAN



Organized by

Hamdard Foundation Pakistan (HFP)  
Pakistan Association for Eastern Medicine (PAEM)  
International Association for Unani Medicine (IAUM)  
Faculty of Eastern Medicine, Hamdard University (HU)



## INVITATION

It gives me an immense pleasure to invite you to the 4<sup>th</sup> Hamdard International Conference on Unani Medicine to be held at Madinat al-Hikmah, Karachi, Pakistan, during January 9-11, 2017. Eminent scientists and researchers from different countries are invited to participate in this important international event in the field of Unani (Eastern) Medicine. A special session is dedicated to commemorate the memory of SHAHEED HAKIM MOHAMMED SAID. Moreover, some plenary and keynote addresses are also arranged.

Pakistan is a beautiful country, enriched with scenic landscape, full of vitality, cultural diversity and culinary delights. We hope that the magical spirit of coastal Karachi city will be conducive to provide a platform for stimulating exchange of scientific knowledge between scientists in the field of Unani Medicine from all over the world. It is also hoped that this meeting will establish stronger research ties between the scientists, intellectuals and practitioners representing different regions.

On behalf of the Managing Committee, I wish you all a very warm welcome to Karachi in January 2017.

### Mrs. Sadia Rashid

President, Hamdard Foundation Pakistan  
Chancellor, Hamdard University

## VENUE

The Conference will be held at the main campus of Hamdard University at **Madinat al-Hikmah** that spreads over a plain area with a picturesque landscape, 28 km from the commercial center of Karachi and situated between Sindh and Balochistan along the Hub River. Historically this site is the place where Muhammad Bin Qasim entered Sindh the gateway to Islam in the sub-continent, on his way to Daibal.

## SCOPE

The aim of the Conference is to bring together leading experts in the field of Unani Medicine all around the world and forge global research collaborations for sustainable and evidence based utilization of Unani Medicine formulations for the common benefit of humanity and its promotion globally. The following aspects will be covered:

1. Historical perspective of Unani Medicine
2. Scientific validation of philosophies of Unani Medicine
3. Formulations of Unani Medicine
4. Pharmacological properties of natural resources



5. Medicinal plants cultivation and conservation
6. Standardization and safety of Unani Medicines
7. Clinical trials on Unani Medicine-based formulations
8. Herb and Food Drug interaction

This international Conference is being jointly organized by Hamdard Foundation Pakistan, International Association for Unani Medicine, Pakistan Association for Eastern Medicine and Faculty of Eastern Medicine, Hamdard University. It aims to discuss **Unani Medicine: Past, Present and Future**. Participants will be from:

- Universities.
- Institutions: Conventional, Complimentary and Alternative Medicine.
- Health Care Institutions: Primary, Secondary and Tertiary.
- Industries of Unani Medicine.
- Ministries of Health, Education, Food and Agriculture.

Modes of presentation: Oral and Poster.

Relevant abstracts will be selected for presentation/poster session following the approval of the Scientific Committee.

Deadlines to be met	
Last date for submission of abstract	October 15, 2016
Registration Open	November 01, 2016
Registration Closed	December 15, 2016

## LANGUAGE

The official languages of the Conference will be Urdu and English.

## VISA

Participants are requested to apply for a visa to the Pakistani Embassy or High Commission. A formal invitation letter would be provided by the Organizing Secretary (Hakim Qalb-e-Saleem) for this purpose.

## TRAVEL

Karachi has a modern international airport, which provides connections to all major cities of the world linking with the Far East as well as with the Middle East, Europe and USA. Pakistan International Airlines (PIA) is the national flag carrier.

## LOCAL HOSPITALITY

All plenary and invited speakers will be provided local hospitality.

## REGISTRATION

Registration fee includes entry to scientific lectures, poster sessions, exhibition, full set of abstracts, a copy of the conference program, daily refreshments (tea/coffee), Conference banquet, cultural evening and free transportation from accommodation to the venue of the Conference.

Delegates	Fees
Hamdard University participants	Rs. 500/-
Other participants	Rs. 1000/-
Foreign participants	US\$100/-

## CALL FOR POSTER PRESENTATIONS

Poster session is planned on January 10, 2017 during the 4<sup>th</sup> Hamdard International Conference on Unani Medicine from 2:00 – 3:30 p.m. at Bait al-Hikmah Library, Hamdard University. Poster abstracts should be submitted on the abstract form not later than November 15, 2016. Abstracts are to be forwarded to Hakim Qalb-e-Saleem, Organizing Secretary.

### i. GUIDELINES FOR POSTER PREPARATION

Abstracts and posters must be in English. The poster board area will be 2.4 m (8 ft) width and 1.2 m (4 ft) in height.

Contents must be readable from at least six feet and the following points should be taken into consideration:

**Title** (90-150 point bold), **Author** (36-42 point bold), **Section Headings Sub-titles** (36-54 point bold), **Main Text** (28-32 point), **References and Acknowledgements** (18-28 point). Figure legends are essential and should be concise.

### ii. ILLUSTRATIONS

Since good graphics, illustrations and photos are the centerpiece of a poster therefore have to be kept simple and clean. Colors are effective if used sparingly; use dark colors on white or pale backgrounds and light colors on dark backgrounds. Adjust size of images and calculate the corresponding drop in 300 dpi to have a better resolution. When designing a poster to be printed, DO NOT simply cut and paste pictures from other documents or the web!

### iii. POSTING OF MATERIAL

It should be displayed on the board fifteen minutes before the session and to be left in place for the full session. Writing or painting on the poster boards is not permissible.

Presenters are required at the respective boards during the assigned presentation time.